

Guitar: Beginning Exercises 1-4

(Downstroke exercises and warm-ups on lower and upper strings)

JimO

Exercise 1: Treble clef, 4/4 time signature. The first two measures contain quarter notes (labeled "Quarter-notes"), and the last two measures contain eighth notes (labeled "Eighth-notes").

Quarter-notes Eighth-notes

Exercise 2: Treble clef, 4/4 time signature. The first two measures contain quarter notes, and the last two measures contain eighth notes.

Exercise 3: Treble clef, 4/4 time signature. The first two measures contain quarter notes, and the last two measures contain eighth notes.

Exercise 4: Treble clef, 4/4 time signature. The first two measures contain quarter notes, and the last two measures contain eighth notes.

17 First-String Exercises for the Index and Middle Fingers.

8

Quarter-Notes and Whole Notes.

TAB

0 2 3 2 0 | 0 2 3 2 0

E F# G F# E

21

Eighth-Notes, Quarter-Notes and Half-Notes.

TAB

0 2 3 2 0 | 2 3 0 | 0 0 2 2 3 3 2 2 0

Melody Fragment 1

25

TAB

0 2 | 3 2 0 0 2 | 3 3 2 2 0

Melody Fragment 2. Add a "pinky" stretch to Fret No. 7.

29

TAB

0 2 | 3 2 0 0 2 | 3 7 2 3 0

Now, switch to fingers 1 and 4 to reach the 4th Fret.

33

E F# G# F# E

TAB

0 2 4 2 0 | 0 2 4 2 0

37 Melody Fragment 3.

T
A
B

41 Melody Fragment 4, "Itsy-Bitsy Spider".

T
A
B

45 Melody Fragment 5. "Do Re Me".

NOTICE the new Note!! The Dotted Quarter-Note.

T
A
B

4-Finger Exercise on Top 4 strings.

49

E F# G G# A G# G F# E

T
A
B

53

B C# D D# E D# D C# B

T
A
B

57

8
G A Bb B C B Bb A G

T
A
B 0-2-3-4-5-4-3-2-0 | 0-2-3-4-5-4-3-2-0

61

8
D E F F# G F# F E D

T
A
B 0-2-3-4-5-4-3-2-0 | 0-2-3-4-5-4-3-2-0

Mary Had a Little Lamb (E-String version)

65

8

(Reach. Fret 7)

T
A
B 4-2-0-2 | 4-4-4 | 2-2-2 | 4-7-7

69

8

T
A
B 4-2-0-2 | 4-4-4-4 | 2-2-4-2 | 0